



What is your availability?

Which areas of work interest you? Please give more info if you want.

	Yes	Maybe	No!
Shop work – shelf stacking, packing foods, cleaning			
Café work – making salads / sandwiches, washing up			
Manual work / DIY			
Distribution of newsletters / flyers			
Design / layout of publicity etc			
Researching – suppliers, ethics, funding etc			
Transport			
Other ? Please give details			

Can you provide details of two people who could give you a reference:

Name	Relationship to you	Contact address/email	Phone number

Thank you!